



DIVE INTO YOUR POTENTIAL

DOLPHINS SWIM TEAM



Join the Northside Swim Team for another exciting season of swimming. The NORTHSIDE FAMILY YMCA offers a competitive swim team program that begins in September and runs through December.

GROUP	DAYS	TIME	INFORMATION
Group One (5-8 yrs old)	Mon and/or Wed	5:30 - 6 p.m.	Beginner. Must be able to swim 25 yards unassisted.
Group Two (9 -12 yrs old)	Mon and/or Wed	6:10 - 6:55 p.m.	Must be able to swim 50 yards.
Group Three (13 yrs old and older)	Mon and/or Wed	7 - 8 p.m.	Must be able to swim 100 yards without stopping and be proficient in Freestyle, Backstroke and have knowledge of Breaststroke and Butterfly.

Winter Season: Starts: 1/6/20 Ends: 3/11/19

REGISTRATION FEES*

FALL Season:	Group One:	1 day/2 day	Group Two: 1 day/2 day	Group Three: 1 day/2 day
Member:		\$120/\$190	\$143/\$216	\$143/\$216
Non-Member:		\$263/\$262	\$256/\$332	\$256/\$332

*Payment plan and financial assistance are available.

For more information, contact Northside Aquatics at nsaquatics@ymcarichmond.org. Or call 804.329.9622. To register, visit the Front Desk or northsideymca.org.